**FRA Junior fell Intercounties 2024**

The 2024 FRA Junior fell Intercounties races for Under15s/U17s/U19s will be held on June the 9th incorporated into the 4th race in the FRA English junior fell Championships 6 race series and will be hosted by Rossendale Harriers & AC

Details of the races can be found on this link.

<https://rossendaleharriers.co.uk/juniors/>

Entries are online only via Nifty entries via the link below, closing date for individual entries is Friday the 7th of June, no entries on the day.

**However, County team members must have entered individually by Sunday the 2nd of June.**

https://fellrunner.niftyentries.com/Rossendale-Junior-Fell-Race-2024?fbclid=IwAR0uB8axVmwftm4\_qXWSkRq8aYYRSY2g1EF-RLjf95wmttUM6z6m2RX80Ws

Teams of 3 runners with the first 2 to count.

**County team members must enter individually as above and County teams ( including reserve runners ) declared by County team managers to the race organiser by Sunday the 2nd of June.**

**Email Graham Wright :** rossendaleharriers@sky.com

Intercounty teams will be published on the FRA website by Monday the 3rd of June.

Challenges to the above County team declarations must be made by Wednesday the 5th of June and emailed to the race organiser Graham Wright for scrutiny by the Junior Intercounties referee Andy Watts.

Email **rossendaleharriers@sky.com**

Substitutions will be allowed on the day from the pool of pre-entered ( reserve ) runners only.

Medals will be awarded to the first 3 individuals and members of the first 3 teams in each age group. Challenges to the eligibility of on the day substitutions can be made on the day of the race to the Intercounties referee Andy Watts.

 Please take time to have a look on the Intercounties website, especially at the Junior Rules to ensure that eligibility criteria are met and to avoid any challenges.

<https://britishintercountiesfellrunningchampionships.wordpress.com>

Graham Wright. Email rossendaleharriers@sky.com Tel 07764949199