

	Name	Club	Cat	Time
1	Ben Coop	Bury AC	M	0:43:31
2	Joel Taylor	City of York AC	MU21	0:45:30
3	Jonathan Cleaver	Rossendale Harriers	M40	0:46:19
4	Jim Brearley-Ratcliff	unattached	M	0:46:50
5	Matt Driver	Holcombe Harriers	M	0:47:21
6	Andy Collier	unattached	M	0:47:43
7	Andrew Grenfell	Rossendale Harriers	M40	0:47:53
8	Joseph Waller	Rossendale Harriers	M	0:48:07
9	John Raho	Holcombe Harriers	M40	0:48:18
10	Chris Donnelly	Sale Harriers	M40	0:48:23
11	Barry Archbold	Wilmslow RC	M50	0:48:28
12	Alex Whitem	Calder Valley	M40	0:49:16
13 (fem 1)	Katie Walshaw	Holmfirth Harriers	W	0:49:26
14	Tim Greenald	Altrincham	M50	0:51:44
15	Ian Duffy	Rossendale Harriers	M45	0:52:15
16	Adam Hayden	Dark Peak	M	0:52:48
17	Dave Ryder	FRA	M45	0:54:15
18	Mark Kirkby	Wilmslow RC	M40	0:55:10
19	Gareth Doherty	Burnden RR	M45	0:55:31
20	Sam Booth	Ramsbottom Running	M	0:55:39
21	James Washington	Holmfirth Harriers	M45	0:55:51
22	Tim Webster	Chorley	M45	0:56:26
23	Norman Hayhurst	Bowland	M60	0:56:27
24 (fem 2)	Rachel Marshall	Bury AC	W45	0:56:32
25	Tim Board	Holcombe Harriers	M50	0:57:05
26	Elliot Newsam	Bolton Harriers	M	0:57:16
27 (fem 3)	Emma Richardson	unattached	W	0:57:22
28	Christian Waller	Rossendale Harriers	M45	0:57:28
29	Nigel Hartley	Ramsbottom Running	M55	0:57:42
30	Simon Widdup	unattached	M45	0:58:11
31	Thomas Brown	Preston Harriers	M	0:58:18
32	Tim Bowland	Holcombe Harriers	M50	0:59:10
33	Dan Vipham	unattached	M40	0:59:25
34	Paul Duke	Burnden RR	M45	0:59:32
35	James Lester	Edenfield Trailers	M	0:59:39
36	David Cowburn	Chorley	M45	0:59:52
37	Simon Jones	Ramsbottom Running	M	0:59:53
38	Chris McCarthy	unattached	M50	1:00:44
39	Chris Davies	Saddleworth Runners	M65	1:01:38
40	Greg Webster	Holcombe Harriers	M50	1:01:43
41 (fem 4)	Chloe Lawrence	unattached	W	1:02:02

42	Andrew Dunleavy	Burnden RR	M65	1:02:17
43	Jules Davies	Holcombe Harriers	M50	1:02:51
44	Thomas Melia	Edenfield Trailers	M	1:02:55
45	Gareth Lowe	Burnden RR	M40	1:03:22
46	Chrstian Ellis	unattached	M45	1:03:51
47	Neil McRobert	Ramsbottom Running	M	1:03:57
48	Richard Lawson	Wilmslow RC	M50	1:04:09
49	Bill Beckett	Chorley	M55	1:04:38
50 (fem 5)	Alice Bernstein	Ramsbottom Running	W	1:04:56
51	Gordon Nicoll	Altrincham	M60	1:05:17
52	Geoffrey Paul Gough	Clayton-Le-Moors	M65	1:05:39
53	Joshua Shaw	Vegan Runners UK	M	1:05:56
54	Mark Garner	Radcliffe AC	M50	1:06:02
55 (fem 6)	Helen Taylor	Holcombe Harriers	W45	1:06:14
56	Keith Thomas	Burnden RR	M65	1:06:23
57	Ken Taylor	Rossendale Harriers	M75	1:06:54
58 (fem 7)	Verity Harrison	Burnden RR	W45	1:06:54
59	Edward Mitchell	Made by Harcles Hill	M60	1:07:02
60 (fem 8)	Yasmin Boodhun	Holcombe Harriers	W40	1:07:06
61	Sam Akerstrom	Ramsbottom Running	M	1:07:51
62	Alex Frost	Rossendale Harriers	M55	1:08:06
63 (fem 9)	Lyndsay Darbyshire	Burnden RR	W55	1:08:23
64	Andrew Delaney	unattached	M	1:08:31
65	Andrew Crawford	Burnden RR	M40	1:08:41
66 (fem 10)	Claire Raho	Holcombe Harriers	W40	1:08:44
67	Michael Ryan Kermode	Burnden RR	M	1:08:45
68 (fem 11)	Diane Bygrave	Wilmslow RC	W45	1:08:55
69	Stephen Greaves	Wilmslow RC	M50	1:09:05
70	Philip Vesey	Altrincham	M60	1:09:23
71	Stephen James Wils	Ramsbottom Running	M60	1:09:26
72 (fem 12)	Anne Ferguson	Burnden RR	W65	1:09:29
73	Warren Rafferty	Ramsbottom Running	M50	1:09:35
74	Lee Entwistle	Ramsbottom Running	M45	1:10:13
75 (fem 13)	Kim Kennedy	Clayton-Le-Moors	W40	1:10:16
76	Gary James Jones	Bolton Harriers	M60	1:10:49
77	Philip John Vincent	Banbury Harriers AC	M50	1:10:58
78	Mike Gerrard	unattached	M50	1:12:44
79 (fem 14)	Sophie Cunningham	Todmorden Harriers	W40	1:12:52
80	Tony Steward	Calder Valley	M70	1:13:26
81	Thomas Allen	Ramsbottom Running	M	1:13:47
82	Chris Haddock	unattached	M40	1:13:48
83	Marcus Hamer	Burnden RR	M60	1:14:01

84	David Barnes	Horwich RMI Harriers	M65	1:14:42
85 (fem 15)	Michelle Young	Rossendale Harriers	W45	1:15:12
86	Phil Davies	Preston Harriers	M50	1:15:22
87 (fem 16)	Vicki Hamer	Burnden RR	W	1:15:42
88 (fem 17)	Kate Sutton	Wilmslow RC	W60	1:16:16
89 (fem 18)	Isabel Akerstrom	Ramsbottom Running	W	1:16:55
90	Ged Turner	Burnden RR	M60	1:17:05
91 (fem 19)	Alison Vesey	Altrincham	W60	1:17:08
92	Mark Butler	Burnden RR	M60	1:17:23
93	Lee Petch	Bolton Harriers	M60	1:18:24
94	Marc Vipham	unattached	M40	1:18:42
95	Andy Warburton	Burnden RR	M60	1:19:01
96	Martin Petch	unattached	MU23	1:20:18
97	John Porteous	Wilmslow RC	M70	1:20:31
98 (fem 20)	Rachael Kelly	Holcombe Harriers	W45	1:20:55
99 (fem 21)	Sarah Pilkington	Rossendale Harriers	W40	1:21:51
100	Steven Bate	Burnden RR	M45	1:22:02
101	Mark Turner	Burnden RR	M60	1:22:57
102	Don Nichol	Ramsbottom Running	M65	1:23:32
103	Nick Harris	Rossendale Harriers	M70	1:23:41
104 (fem 22)	Anna Pruszyńska	Ramsbottom Running	W45	1:24:49
105 (fem 23)	Kate Ealing	Rossendale Harriers	W50	1:24:54
106	David Morrison	Vegan Runners UK	M50	1:24:54
107	Daniel Woodcock	unattached	M	1:28:28
108	Martin Slater	Ramsbottom Running	M65	1:28:55
109 (fem 24)	Olga Wiggins	Preston Harriers	W40	1:31:44
110	Carl Turner	unattached	M50	1:33:20
111	Philip Glassbrook	Burnden RR	M75	1:33:26
112 (fem 25)	Kathryn Baron	Burnden RR	W55	1:33:26
113 (fem 26)	Hilary Farren	Rossendale Harriers	W60	1:38:48
114 (fem 27)	Becky Albrow	Ramsbottom Running	W40	1:47:01
115	Trevor Faulkner	Wilmslow RC	M80	2:00:18
116	Anthony Fulop	Burnden RR	M60	2:04:45
117 (fem 28)	Shirley A Robinson	Burnden RR	W55	2:29:37
118 (fem 29)	Cheryl Dunleavy	Burnden RR	W45	2:30:56
119 (fem 30)	Gillian McGowan	Burnden RR	W60	2:32:27
120	Daniel Mitchell	Ramsbottom Running	M	DNF

## Men's Teams

## Points

1	Jonathan Cleaver	Rossendale Harriers	3	18
	Andrew Grenfell		7	
	Joseph Waller		8	
2	Matt Driver	Holcombe Harriers	5	39
	John Raho		9	
	Tim Board		25	
3	Barry Archbold	Wilmslow RC	11	77
	Mark Kirkby		18	
	Richard Lawson		48	
4	Sam Booth	Ramsbottom Running	20	86
	Nigel Hartley		29	
	Simon Jones		37	
5	Gareth Doherty	Burnden RR	19	95
	Paul Duke		34	
	Andrew Dunleavy		42	

## Women's Teams

## Points

1	Helen Taylor	Holcombe Harriers	6	24
	Yasmin Boodhun		8	
	Claire Raho		10	
2	Verity Harrison	Burnden RR	7	28
	Lyndsay Darbyshire		9	
	Anne Ferguson		12	
3	Alice Bernstein	Ramsbottom Running	5	45
	Isabel Akerstrom		18	
	Anna Pruszyńska		22	